

# Community Health QMS CONTEST!!!!

## Ronata'karite tahnon Sken:nen Ronnonhtónnyons

The Community Health Team are holding a **Monthly Contest** at Quinte Mohawk School to educate students on Healthy Lifestyles including "Eating Well & Staying Active".

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The information is found on the Community Health Board **Ronata'karite tahnon Sken:nen Ronnonhtónnyons** that is located beside Mr. Tim Maracle's classroom.

~\*~

The contest is open to all Q.M.S students from JK and SK to Grades 1-8.

**Students** are asked to write their answers on a:

- 1) Piece of paper with their **Full Name** and **Grade**
- 2) Drop submissions off in the **Community Health Box** located in the QMS office.

~\*~

Draws will take place on the 1st Friday of every month by the Community Health Team. Prizes (gift cards) will be awarded at that time.

**Nia:wen for your Participation!!**



### 3 Questions for Gr 1-8:

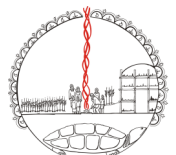
- 1) What is the ANSWER to the question IN THE HEART on the "Top Right-Corner of the board?"
- 2) Name 1 of the benefits of "EATING WELL & BEING ACTIVE"?
- 3) On the board, "What is the Girl Eating?"

### 1 Question for JK and SK:

- 1) Name 2 colours of the Valentines on the board?

#### COMMUNITY HEALTH TEAM

Community Wellbeing Centre  
50 Meadow Drive,  
Deseronto, ON KOK 1X0  
613-967-3603



# Community Health QMS CONTEST!!!!

## Ronata'karite tahnnon Sken:nen Ronnonhtónnyons

### The Community Health Team

are holding a **Monthly Contest** at Quinte Mohawk School.  
The goal is to educate students on “Healthy Lifestyles” and the  
“Benefits of Eating Well and Staying Active”

~\*~

Every month Community Health will display  
a “New Healthy Lifestyles” topic on the Board  
**Ronata'karite tahnnon Sken:nen Ronnonhtónnyons**  
(which is located beside Mr. Tim Maracle's classroom).

At the end of each month:

Questions will be asked about the topic and will be posted in  
each classroom and at the board

~\*~

### Contest Rules:

The contest is open to all Q.M.S students from  
JK and SK to Grades 1-8

**Students** are asked to **Write their Answers** on a:

- 1) Piece of paper** with their **Full Name** and **Grade**
- 2) Drop submissions off** in the **Community Health Box**  
that is located in the QMS Main Office

~\*~

Draws will take place on the 1st Friday of every month  
by the Community Health Team.

*4 Prizes (gift cards valued at \$25.00 each) will be awarded at that time.*

*1— Walmart Gift Card for JK and SK*

*3— iTunes/Walmart Gift Cards for Gr 1 to 8*

**Nia:wen for your Participation!!**